EXHIBIT 19

European Markets

Russian economy may need a decade to return to pre-sanctions levels, Sberbank says

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German Gref, CEO and Chairman of the Executive Board of Sberbank, delivers a speech during Sber Business Breakfast at the St. Petersburg International Economic Forum (SPIEF) in Saint... Purchase Licensing Rights [] Read more

June 17 (Reuters) - Russia's economy may need a decade to return to the pre-sanctions levels of 2021, the chief executive of the country's top bank Sberbank (SBER.MM) (2) said on Friday, as economic curbs have cut the country off from half of its trade.

Western nations imposed economic sanctions on Russia, the most severe a nation in a modern history has faced, after Moscow sent troops to Ukraine on Feb. 24 calling it "special military operation".

Russian assets took an immediate hit and consumer prices have soared, prompting authorities to introduce capital controls, hike the key rate and curb foreign investors' ability to sell their assets in Russia.

German Gref, whose bank is seen as a proxy for the Russian economy by holding the majority of the household deposits and corporate loans, estimated on Friday that countries that hit Russia with sanctions accounted for 56% of its exports and 51% of imports.

"This is a threat to 15% of the country's gross domestic product, the bulk of the economy is under the fire," Gref, a former economy minister, told Russia's annual international economic forum in St Petersburg.

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As a result - and if we do nothing - we may need around a decade to return economy to the 2021 le ne Russian economy.	evels," Gref said, calling for structural reforming of
anctions on Russian banks have largely curbed financial transactions with foreign counterparts whole parts essential for its car, energy and air industries.	hile Russia is also blocked from receiving equipmen
ccording to Gref, cargo shipments have fallen by six times while transportation by the sea and by a ussian airlines from flying westbound and ships under Russian flag were banned entrance to EU p	
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While admitting major cothacks. Puccian officials have said that the economy is doing better than in	nitially expected, with some flows already
While admitting major setbacks, Russian officials have said that the economy is doing better than ir liversifying and higher energy prices - partially resulting from sanctions - helping the state revenue	
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Dmitry Pankov, chief executive with Delo Group which operates Russia's top railway cargo company Transcontainer (TRCN.MM) (2) and Global Ports (GPH.L) (rim with sea terminals in the country's north-west, far east and south, said that while the drop in cargo shipments continues, Asian clients started to emerge.

"They are not global (cargo sea) lines - mostly local operators," he told the same forum on Friday.

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